



Characterization of biodegradable films based on extracellular polymeric substances extracted from the thermophilic microalga *Graesiella* sp.

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ABSTRACT

In this research, a new type of biodegradable film based on the extracellular polymeric substances (EPS) and isolated from the thermophilic microalga *Graesiella* sp., was formulated and characterized. The EPS film was 0.221 mm thick. Atomic force microscopy and scanning electron microscopy images revealed a homogeneous character with a lamellar microstructure. The EPS film displayed yellowish color, high transparency, high ultraviolet barrier properties, and low oxygen (0.008 SI), and water-vapor permeability (0.037 SI). Film tensile strength (16.24 MPa) and elongation at break (4.76%) were in the range of common biofilms and the thermal analyses showed high transition temperature (126 °C) and high thermal stability (up to 800 °C). Compared to ascorbic acid, results indicated that the EPS film shows a higher antioxidant activity, mainly as β -carotene anti-bleaching (84%), DPPH- free radical scavenging ability (80%), and ferrous iron-chelating (55%).

Graesiella sp., EPS film effects on beef meat packaging were studied during nine days of cold storage. Compared to polyvinylchloride-packed meat, EPS-packed meat samples showed higher stability of color (redness = 13.6) and pH (5.85) during storage and low proliferation of total viable counts (4.04 CFU·g⁻¹) and *Pseudomonas* bacteria (4.09 CFU·g⁻¹). They also exhibit lower drip loss (9%) and less metmyoglobin (32%), heme iron (4.87 μ g·g⁻¹) total volatile basic nitrogen (TVB-N = 22.96 mg·kg⁻¹), and lipid oxidation (MDA = 0.025 mg·kg⁻¹). The obtained results highlight the potential for use of microalgae EPS as a new film-forming material that could be applied in beef meat preservation.

1. Introduction

Recently, plastics have become a source of worrying contamination due to their abundance, their persistence in nature, as well as their harmful effects on biodiversity and the environment [1]. Plastics are mainly used as packaging materials, up to 38%, and most are released into the environment after a single-use. Plastic waste, more than 170 million tons in 2017 [2,3], and their additives, including butylated hydroxytoluene (BHT) or butylated hydroxyanisole (BHA), cause serious pollution problems, particularly in soil and water [4,5]. Therefore, extensive research has been conducted to replace common synthetic materials with natural ones [6]. The exploitation of natural materials in the preparation of eco-friendly packaging films has been a new

promising issue for meat products safety [7].

Biodegradable films are being successfully used as active packaging in several processed foods, including seafood/meat products and fruits, as oxygen scavengers, barriers to water and light, antibacterial, and anti-browning agents [9]. The bio-based films made from natural polymers have recently attracted considerable interest because of their ecological properties, their safety, and their biodegradability in nature [10].

Natural polysaccharides, proteins, and lipids biopolymers are used for bio-based film preparation. Besides their role as a barrier against the external environment, they provide active functions by prolonging the shelf life and improving the safety and the sensory properties of different products [8]. In recent years, the exploitation of extracellular polymeric substances (EPS) has been of particular interest. However, EPS have not

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yet been tested regarding the production of bioactive films nor as a packaging material [11].

EPS obtained from microalgae are versatile biopolymers produced at a high amount by several microalgae species, particularly thermophilic ones [12,13].

In a previous work [13], results showed that *Graesiella* sp., is found amongst the most efficient EPSs producers reaching values close to $1.62 \text{ g}\cdot\text{L}^{-1}$ in laboratory cultures. The native *Graesiella* sp., EPS are hetero-sulphated polysaccharides of anionic nature composed mainly with polysaccharides (80%) and proteins (14%), presenting a high crystalline nature. They exhibited a high viscosity, emulsifying and flocculating proprieties. EPS have been utilized as additives, thickeners, emulsifiers, gelling agents, and stabilizers in several industrial sectors such as food products, pharmacy, petroleum industry, and bioremediation agents [14]. Furthermore, EPS provides high intrinsic bioactive properties such as antioxidant, anti-inflammatory, antiviral, antifungal, and antibacterial [13,14] and therefore have a high potential for use as biodegradable active packaging, especially for meat products.

The present study aims to characterize an eco-friendly bioactive film using EPS extracted from the thermophilic microalga *Graesiella* sp., the EPS film was characterized according to its structure, optical and mechanical properties, thermal stability, water and oxygen barrier ability, and antioxidant potential.

Furthermore, we evaluated the shelf life of meat enrobed with the EPS film in terms of pH, water activity, drip losses, color degradation, hemic iron, metmyoglobin, lipid and protein oxidation, and microbial stability, during nine days of preservation at $4 \pm 1 \text{ }^\circ\text{C}$.

2. Material and methods

2.1. Strain and extracellular polymeric substances isolation

The current research involved a thermophilic green microalga, *Graesiella* sp., (Chlorophyceae, Chlamydomonadales) obtained from the culture collection of algae at the National Institute of Marine Science and Technology (Tunisia) and preserved in the Spanish Bank of Algae with the code BEA1940B. The strain was isolated from a hot-spring ($60 \text{ }^\circ\text{C}$; North of Tunisia at $36^\circ 49' \text{ N}$, $10^\circ 34' \text{ E}$) and grown in Bold's Basal Medium (BBM) at a temperature of $30 \pm 1 \text{ }^\circ\text{C}$ and a light intensity of $120 \text{ }\mu\text{mol photons m}^{-2} \text{ s}^{-1}$. Extracellular Polymeric Substances (EPS) were extracted from a stationary phase culture as described by Gongi et al. [13]. The recovered EPS solution was freeze-dried and stored in dark and dry conditions for edible film preparation.

2.2. Film preparation

Film-starting solutions were prepared by mixing crude EPS (0.9 w/v) and a plasticizer consisting of 0.1 (w/v) polyethylene glycol (PEG) 8000 (Sigma Chemical Co., St. Louis, MO, USA, Purity: $\geq 99.0\%$) in distilled water.

The solution was homogenized in a water bath, stirred at $100 \text{ oscillations}\cdot\text{min}^{-1}$ for 30 min at $40 \text{ }^\circ\text{C}$, and then clarified by sintered glass filtering. The filtered solution was spread over 6 cm Petri dishes (30 mL per dish) and dried in a ventilated chamber at $30 \text{ }^\circ\text{C}$. After drying, thin layers of EPS films were gently removed and conserved for further analysis.

2.3. Film quality analysis

2.3.1. Thickness

EPS-films thickness was measured at the center and at twenty other positions using a micrometer (Mitutoyo 547–312 s). An average value was calculated.

2.3.2. Structural analysis

Structural analysis of *Graesiella* sp., EPS film was performed by the

Fourier Transform Infrared spectroscopy (FTIR) analysis and the surface microstructure characterization using atomic force microscopy (AFM) and scanning electron microscopy (SEM).

FTIR spectra were obtained by pressing into a 16 mm-diameter mold with a Perkin–Elmer spectrum GX FTIR system (Perkin-Elmer, USA) according to Gongi et al. [13].

EPS film AFM images were obtained by a multimode nanoscope IV (Digital Instruments, Santa Barbara, CA, USA) operating in the tapping mode regime, under ambient conditions. The images were analyzed using the software “Gwyddion”.

The cross-section and top view morphology of *Graesiella* sp., EPS film samples were examined by SEM using an HR-FESEM SU-70 Hitachi microscope, operating at 4 kV in the field emission mode and at an angle of 90° with the surface, using different magnifications. Prior to imaging, film samples were cryo-fractured by immersion in liquid nitrogen and fixed on the SEM support using double side adhesive tape, and observed under an accelerating voltage of 5.0 kV and an absolute pressure of 60 Pa, after sputter coating with a 5 nm thick gold.

2.3.3. Optical properties

The EPS film-optical properties were assessed by light transmittance, color, and opacity measurements.

The EPS film transmittance (%) was measured in UV/visible and IR spectrums using a spectrophotometer (Model 8451A, Hewlett-Packard Co., Santa Alara, CA, USA). A rectangular piece of film was cut and clamped between two magnetic cells and the transmittance was monitored at wavelength oscillating from 190 to 1200 nm.

The color of the EPS film was determined in quadruplicate by a Color Flex spectro-colorimeter (Datacolor 800). The equation $\Delta E^* = (\Delta L^{*2} + \Delta a^{*2} + \Delta b^{*2})^{1/2}$ was used to evaluate the total color difference (ΔE^*), where ΔL^* , Δa^* and Δb^* represent the differences between the corresponding color parameter of the sample and that of the white standard ($L^* = 97.5$, $a^* = -0.1$, and $b^* = 2.3$). The color scale ranged from L = 0 (black) to L = 100 (white), $-a$ (green) to $+a$ (red) and $-b$ (blue) to $+b$ (yellow).

EPS-film opacity was evaluated using a spectrophotometer (Model 8451A, Hewlett-Packard Co., Santa Clara, CA, USA) at a wavelength of 500 nm. For each EPS sample, 4 rectangular pieces ($45 \times 10 \text{ mm}$) were cut, then placed separately on the inner side of a 10 mm clear plastic cuvette, and the absorbance was measured. The opacities were calculated according to Gontard et al. [15]: Opacity = absorbance at 500 nm \times film thickness.

2.3.4. Mechanical properties

EPS films mechanical properties were assessed following the ASTM-D882 [16] standard methods by measuring the tensile strength (TS) and the elongation at break (EAB) using a Testing Machine (Testometric, M350-5KN-CX). TS represents the maximum stress that a film can receive before breaking. EAB represents the film length increase (%) prior to the film-break point. The films were cut into rectangular strips ($50 \text{ mm length} \times 25 \text{ mm width}$) prior to analysis. Three samples were tested.

The breaking force and the breaking deformation of the films were also determined via the puncture force test (N) using the same texture analyzer. EPS films placed in a 5 cm diameter cell were punched to the breaking point with a round-ended stainless-steel plunger (3 mm in diameter) at a cross-head speed of $60 \text{ mm}\cdot\text{min}^{-1}$.

2.3.5. Thermal properties

Thermal properties of EPS films were characterized by differential scanning calorimetry (DSC) and thermogravimetric analysis (TGA).

DSC measurements ($n = 3$) were completed by a differential scanning calorimeter Mettler Toledo Star (TA Instruments - TA Q100). About 6 mg of EPS films were exposed to pre-heating from 25 to $120 \text{ }^\circ\text{C}$, then reheated to $120 \text{ }^\circ\text{C}$ or $280 \text{ }^\circ\text{C}$ (rate: $5 \text{ }^\circ\text{C}\cdot\text{min}^{-1}$, nitrogen flow: $50 \text{ mL}\cdot\text{min}^{-1}$). Using the DSC curve, glass transition temperature and

enthalpy were recorded from the minimum of the first derivative and the smallest peak.

TGA of EPS films ($n = 3$) was carried out using a Thermogravimetric Analyzer SETSYS Setaram (TA Instruments - TA Q100). Analysis was made at a temperature varying from 0 to 800 °C at a rate warming of 10 °C·min⁻¹. An inert atmosphere was obtained by using nitrogen as a purge gas (flow rate: 50 mL·min⁻¹). The strips testing area was 25 mm².

2.3.6. Behavior with respect to water and oxygen

The behavior of EPS film with respect to water and oxygen were characterized by measuring the water indexes (water content and swelling degree) and the film barrier properties (oxygen and water vapor permeability).

Water content and swelling degree of *Graesiella* sp., EPS films were determined according to Pastor et al. [17] and Peng and Li [18], respectively. The films were cut into rectangles (2 × 2 cm) and weighed to get the initial weight (M1) then dried in a vacuum oven at 70 °C for 24 h to determine the dry mass (M2). After that, EPS films were soaked in a Petri dish containing 30 mL of distilled water and stored for 24 h at room temperature (25 ± 2 °C). The remaining water (not absorbed by film samples) was discarded and EPS films were dried with filter paper and weighed (M3). Three measurements were taken for each film sample to calculate the average value of the water content and the swelling degree by the Eqs. (1) and (2):

$$\text{Water content (\%)} = \frac{M1 - M2}{M1} \times 100 \quad (1)$$

$$\text{Degree of swelling (\%)} = \frac{M3 - M2}{M2} \times 100 \quad (2)$$

Oxygen permeability (OP) of the EPS films was evaluated using a TestTex Permeability Tester (TF164) following ASTM standard test method D3985-05 [19]. Testing was conducted with three samples at a temperature of 25 °C in a dry environment (0% RH).

The water vapor permeability was performed according to the ASTM method [20] under controlled conditions of humidity (50 ± 5% RH) and temperature (23 ± 2 °C). Three replicates were monitored.

2.4. Antioxidant activity

Graesiella sp., EPS film was evaluated for its total antioxidant capacity (TAC) [21], β-carotene bleaching assay [22], and DPPH scavenging activity [23] at concentrations ranging from 20 to 150 g·L⁻¹. Iron reducing power was determined at levels ranging from 0 to 300 g·L⁻¹ [24] and metal chelating activities at concentrations varying from 0 to 100 g·L⁻¹ [25]. L-Ascorbic acid (Sigma Aldrich, CAS Number 50-81-7; Purity = 99%, 10 g·L⁻¹), was used for the antioxidant activity comparison. Three replicates were used for each test.

2.5. Beef preservation with *Graesiella* sp., extracellular polymeric substances film

Beef meat was provided by a commercial company and initial analyses were performed after 8 h after slaughter. Samples were cut into small portions (5 cm × 5 cm × 2 cm) and then divided into two batches of eighteen pieces each. The first batch represented meat portions packed in the EPS films (EPS-packed). The second batch was formed by meat portions packed with a food plastic wrap made out of Polyvinylchloride (PVC), commonly used in the preservation of meat in department stores (PVC-packed). Both batches were stored at 4 ± 1 °C for 9 days. The post-mortem states of meat samples, packed with EPS film and packed with PVC film were evaluated in triplicate by measuring pH, water activity, drip losses, metmyoglobin level, color, hemic iron malondialdehyde (MDA), and Total Basic Volatile Nitrogen (TBV-N) contents.

Microbiological state evolution was also determined by quantifying

the total vital counts and *Pseudomonas* bacteria. Measurements were performed at days 0 (initial), 3, 6, and 9 of cold storage.

The pH was determined following the normalized method (ISO 2917). Water activity (aw) was performed using Novasina Lab swift water activity equipment after calibrating the system with aw values reference points (0.11, 0.33, 0.58, 0.75, 0.88, and 0.99).

Drip Loss represented the difference in meat weight measured at the beginning and the end of the storage period and expressed as a percentage of the initial as described by Allen et al. [26]. Metmyoglobin content (Mmb) was determined following the method described by Krzywicki [27]. Each sample (5 g) was cold mixed (4 ± 1 °C) with 50 ml of phosphate buffer (40 mM, pH 6.8) for 15 min and then centrifuged for 30 min (4000 rpm, T: 4 ± 1 °C). The recovered supernatant was clarified by filtration on glass wool. The absorbance of the filtrates was determined at 3 different wavelengths, 525, 572, and 730 nm. The rate of Mmb in meat samples was determined according to Eq. (3):

$$\text{Mmb (\%)} = 1.395 - ((A_{572} - A_{730}) / (A_{525} - A_{730})) \times 100. \quad (3)$$

The color of meat samples during the storage period was determined using a Color Flex spectro colorimeter (data color). Measurements were performed in quadruplicate.

The heme iron level was carried out according to Clark et al. [28]. Two grams of meat were mixed with 9 ml of acidified acetone (90% acetone (>99.5% purity), 8% deionized water, 2% HCl (90% purity)). After incubation for 1 h at 25 °C in the dark, the mixture was filtered using glass wool. The concentration of heme iron in the filtrate was calculated by Eq. (4) using absorbance at 640 nm.

$$\text{Heme iron } (\mu\text{g}\cdot\text{g}^{-1} \text{ of meat}) = A_{640} \times 680 \times 0.0882 \quad (4)$$

Malondialdehyde (MDA) was derivatized with thiobarbituric acid (TBA) to evaluate the level of lipid oxidation [29]. Thus, 375 μL of a solution of ground meat were mixed with 150 μL of buffer (50 mM Tris, 150 mM NaCl, pH 7.4) and 375 μL of 1% BHA dissolved in 20% hot TCA (>99.5% purity) and then, centrifuged for 10 min at 1000 rpm. Finally, 80 μL of HCl (>99.5% purity) (0.6 M) and 320 μL TBA (>99.5% purity) (26 mM Tris - 120 mM TBA) were added to the supernatant (400 μL) and incubated at 80 °C for 10 min. Absorbance measurements were carried out at 530 nm. The concentration of the complex (TBA-MDA) formed is proportional to the content of MDA.

Total Volatile Basic Nitrogen (TVB-N) content of meat was measured by steam distillation based on the Chinese standard method (GB/T 5009.44.40).

Microbiological analysis of meat at each sampling interval was investigated in triplicates according to Datta et al. [30]. Portions of 10 g of packed and control samples were homogenized for 1 min in sterile diluent (Merck, Darmstadt, Germany) using a Seward stomacher. For total viable counts (TVC) counting, appropriate serial dilutions (1/10, 1/100, 1/1000) were spread on prepared Petri dishes using Plate Count Agar (PCA; Merck, Darmstadt, Germany). Glutamate Starch Phenol Red agar (GSP, Merck, Darmstadt, Germany) was used for *Pseudomonas* bacteria counting. All plates were incubated at 28–30 °C for 48 h. Bacterial counts were expressed as log₁₀ counts forming units CFU·g⁻¹sample.

2.6. Statistical analyzes

Statistical analyzes were performed with SPSS ver. 20.0 professional edition. Changes between treatments were evaluated with Student's *t*-test and the *p*-values < 0.05 were considered to be statistically significant.

3. Results and discussion

Present results show that EPS from *Graesiella* sp., have a good film-forming capacity, by adding only 10% (w/w of EPS) of the plasticizing

agent polyethylene glycol (PEG).

The thickness value (Table 1) of the *Graesiella* sp., EPS film was 0.22 mm, considered appropriate for potential use as natural packaging [31]. This value is within the range of usual commercial films (less than 0.3 mm) [31] and higher than other biological origin films that range from 42 to 67 μm [32,33]. The thickness of the film depends on the concentration of the plasticizer, its type, and its solubility. Thinner films are required for industrial uses. Indeed, thinner films impart flexibility, reduce brittleness, improve impact tear-resistance and regulate the flow of coating material [9,11].

Plasticizers are generally required for hydrocolloid film-forming preparations and their amount varies between 10% and 60% by weight of the hydrocolloid [31]. These acts by increasing the free volume or by decreasing intermolecular attractions between adjacent polymeric chains, reducing hydrogen bonding [31]. In the context of this work, several other types of plasticizers such as glycerol and sorbitol have been previously tested with less satisfactory results (data not shown).

3.1. Structural analysis

FT-IR spectroscopy of *Graesiella* sp., EPS film (Fig. 1) shows little change in functional groups with respect to *Graesiella* sp., native EPS [13]. Broadband between 2900 and 3000 cm^{-1} resulted from the C—O and C=O stretching vibrations (carboxylates function) typical from the hydroxyl functionality of carbohydrates [34]. A strong band at the region 1000 cm^{-1} was identified, corresponding to the polyethylene glycol (-OH group) added as a plasticizer [35]. In addition, amide peaks at the wavelength range of 1600 cm^{-1} were recorded indicating the presence of proteins/peptides in *Graesiella* sp., EPS film [36].

The Tapping-mode of AFM images yielded information about the surface features as well as the homogeneity of the EPS film (Fig. 2a). The surface topography of EPS films showed low roughness (5.5 nm) and was homogenous and continuous without pores or cracks suggesting good structural integrity. The 3D images (Fig. 2b) showed a flat and compact structure with scattered small particles having peaks of 1 μm heights.

SEM micrographs yield information about the film internal microstructures. The SEM top view and cross-section (Fig. 3) confirmed the homogeneous character and revealed a microstructural lamellar arrangement of the EPS film.

Regarding the homogenous and compact structural, the surface morphology of the EPS had similar features to that of magnetic nanocomposite (GO/ZIF-8/ γ -AlOOH) based on graphene oxide [37,38].

3.2. Optical properties

In food packaging, film transparency is a critical attribute, especially if the film is used at the surface of packed food or if it is intended to improve product appearance. *Graesiella* sp., EPS film showed high

Table 1
Physical, mechanical, and differential scanning calorimetry properties of *Graesiella* Extracellular Polymeric Substances (EPS) film.

EPS film properties		Mean \pm SD
Physical	Thickness (mm)	0.221 \pm 0.001
	Oxygen permeability (SI)	0.008 \pm 0.001
	Water vapor permeability (SI)	0.038 \pm 0.006
Mechanical	Tensile strength (MPa)	16.25 \pm 0.03
	Elongation at break (%)	4.98 \pm 0.09
	Puncture force (N)	25.16 \pm 0.08
Thermal	Transition temperature ($^{\circ}\text{C}$)	126.15 \pm 2.00
	Transition enthalpy ($^{\circ}\text{C}$)	243.17 \pm 1.00
ΔE^*	Difference in color	4.28 \pm 0.09

EPS: Extracellular Polymeric Substances; mm: Millimeters; SI: International System of Units; MPa: Megapascals; N: Newtons; ΔE^* : Difference in color. Values are given as mean (n = 3) \pm standard deviation.

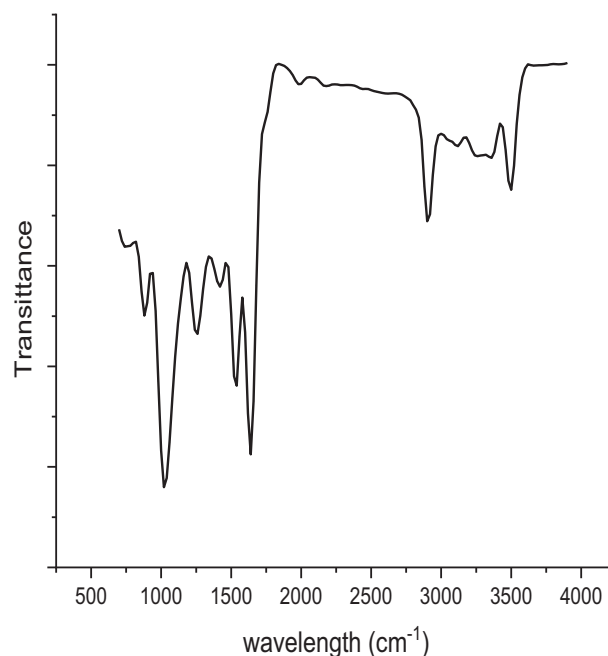


Fig. 1. Infrared spectrum of *Graesiella* EPS film recorded in the region of 4000–500 cm^{-1} .

transparency with an opacity value lower than 0.05 ± 0.01 . The transparency of EPS film could be related to its low lipid content [31]. Higher levels of lipid content increase the opacity of biofilms [39].

In addition, *Graesiella* sp., EPS film showed a high level of lightness ($L^* = 92.51 \pm 0.10$) with a tendency towards a yellowish color ($b^* = 5.82 \pm 0.05$), characteristic of scytonemin and mycosporine-like amino acids, usually present in microalgae EPS [40]. The difference in color (ΔE^*) was used to infer if the color is detectable by the human eyes. Wang et al. [41] demonstrated that an ΔE^* value of 1.6 was the lowest value of material color detection by the consumer. The *Graesiella* sp., EPS film shows an ΔE^* value of 4.28 ± 0.09 (Table 1), which is considered detectable.

The optical transmittance spectrum of the *Graesiella* sp., EPS film (Fig. 4) showed strong light transmittance in the region of the visible radiation (400–780 nm) with a maximum observed at 780 nm. Strong transmission bands were also detected in the IR-A region (892–900 nm) with the absence of transmission of the long wavelengths' radiations in the IR-C region (1023 to 1100). The *Graesiella* sp., EPS films form a barrier preventing the transmission of short-wavelength radiations, with zero transmission of UV-B radiations (190–200 nm) and weak transmittance in the UV-A region (220 to 240 nm). This gives a sunscreen protective effect, which could be related to the richness of microalga EPS in UV-absorbing compounds [40]. It is effectively well known that short and energetic UV radiations are key mediators of reactive oxygen species (ROS) causing oxidative cell damage through peroxidation of membrane lipids [42], which accelerates fat photo-oxidation, rancidity, and discoloration [33,43]. EPSs film could be applied as transparent packaging films providing sufficient light protection to light-sensitive food products including meat.

3.3. Mechanical properties

Suitable mechanical strength and elasticity are generally required for packaging film [17,18]. The tensile strength of *Graesiella* sp., EPS film was 16.25 ± 0.03 MPa (Table 1). The obtained value is in the low range of common biological films (10–100 MPa) and synthetic ones (9–60 MPa) [44,45]. Furthermore, the mean elongation at break of the *Graesiella* sp., EPS film was $4.98 \pm 0.09\%$ (Table 1), which is weaker

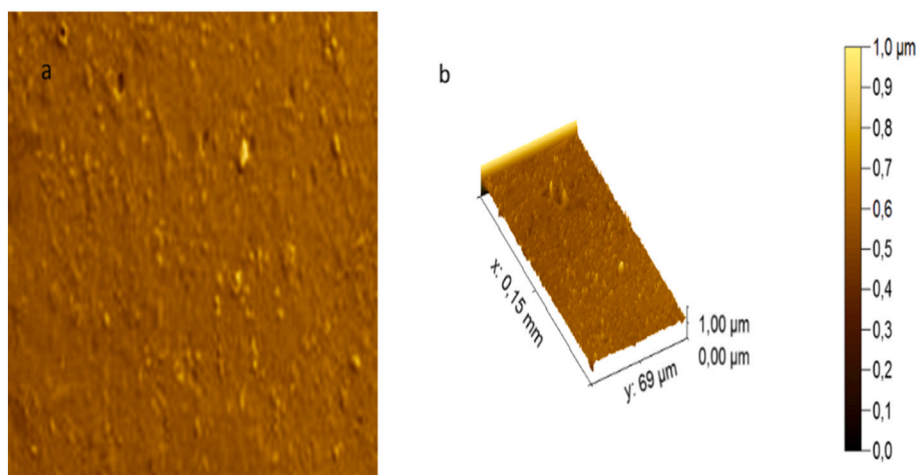


Fig. 2. Atomic force microscopy topographic images of EPS film (a) and its three-dimensional image (b).

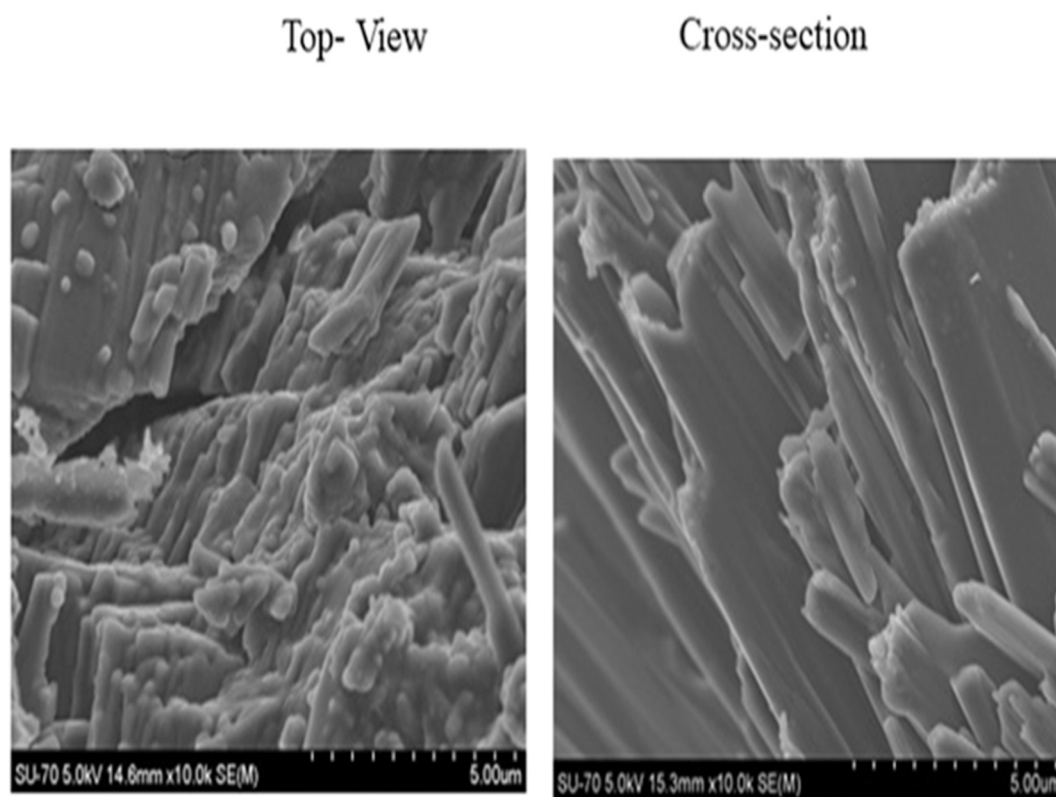


Fig. 3. Scanning electron microscope micrographs of cross-section and top view of EPS films observed under an accelerating voltage of 5.0 kV and an absolute pressure of 60 Pa.

than EAB values recorded with synthetic ones, indicating a relative mechanical fragility of *Graesiella* sp., EPS film [44,45].

However, the puncture force of EPS film, 25.16 ± 0.08 N, is higher than those recorded for other biofilms with puncture force not exceeding 15 N [46]. Thus, a higher force is needed to punch through the EPS film membranes indicating that EPS film presented a rigid bonding and a compact molecular structure [47].

3.4. Thermal properties

DSC results revealed that *Graesiella* sp., EPS film did not show any melting event within the tested temperature range (25 to 250 °C). The

transition temperature and transition enthalpy were 126 and 243 °C respectively (Table 1), indicating strong thermal stability.

Commonly at least two main degradation steps are observed in biological and synthetic films; (i) film dehydration and (ii) film components decomposition [48] which was detected by inflection point in the TGA curves. The TGA curves of *Graesiella* sp., EPS film showed a single stage of degradation process in the experimented temperature interval (200 to 800 °C) (Fig. 5), related to strong thermal stability. Therefore, the high degree of crystallinity of *Graesiella* sp., EPS [13] strengthens the intermolecular bonds and thus increases the stability of EPS film against high temperatures [49].

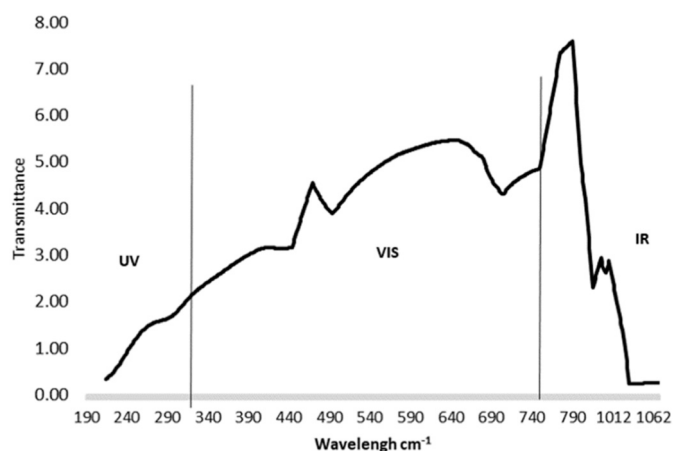


Fig. 4. Light transmittance spectra of *Graesiella* EPS film in the ultraviolet, visible and infrared regions presented as wavelengths floating average with a period of 25. UV: ultraviolet; Vis: visible; IR: infrared.

3.5. Behavior with respect to water and oxygen

Graesiella sp., EPS film presented low values for water content ($13.71 \pm 1.52\%$) and of swelling degree ($14.42 \pm 3.51\%$) when compared to other biological biofilms [50]. These lower values indicate a higher cross linkage interaction that could be related to the higher crystalline nature of *Graesiella* sp., EPS [13] which reduces the number of hydrogen bonds to water [18].

On the other hand, EPS film water vapor barrier (WVP) of 0.038 ± 0.006 SI (Table 1) was lower than that's of other biological films and traditional packaging material (0.96 to 100 SI) [32,33,52] indicating a lower amount of water vapor passing through the film membrane [52]. Such characteristic is important to extend the expiration date of food especially by limiting the bacterial proliferation and the transfer of moisture through the film [53].

Oxygen barrier property plays an essential role in food preservation. The oxygen permeability of the *Graesiella* sp., EPS film was evaluated at 0.008 ± 0.01 SI (Table 1). This value is lower than that reported for the common polyvinylidene chlorides (PVDC) and ethylene-vinyl alcohol copolymer films where water vapor permeability values are in the range of 1 to 10 SI [32,50], indicating higher efficiency of *Graesiella* sp., EPS film as packaging materials, limiting contamination by microorganisms and lipid oxidation [9,44].

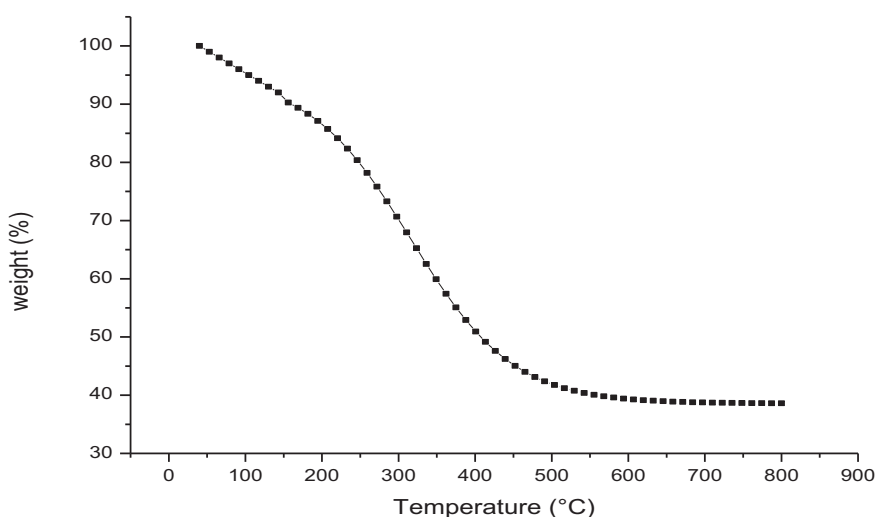


Fig. 5. Thermogravimetric analysis of *Graesiella* EPS film.

3.6. Antioxidant activity

Different methods are commonly used to assess product antioxidant activities that implicate either direct or indirect determination of the level/extent of formation/decrease of free radicals. For the aim to characterize the different mechanisms of action of EPS film the in vitro antioxidant ability was evaluated by the total antioxidant capacity (TAC) (Fig.6), the DPPH free radical scavenging, the β -carotene bleaching assay, the iron-reducing power, and the metal chelating ability (Fig. 7) and compared to *L*-ascorbic acid which was used as a positive control. To our knowledge, this is the first report about the capacity to produce films with an antioxidant capacity based on the microalgal EPS.

TAC evaluated by the reduction of Mo (VI) to Mo (V) for both EPS film and *L*-ascorbic acid, was observed as dose-dependent. Compared to *L*-ascorbic acid, EPS film exhibited a significantly lower antioxidant ability at all tested concentrations. At a concentration of $200 \text{ mg}\cdot\text{mL}^{-1}$, the TAC of EPS film ($A_{695} = 2.40 \pm 0.12$) was 40% lower than that obtained by *L*-ascorbic acid ($A_{695} = 3.00 \pm 0.02$). Therefore, these findings suggest that *Graesiella* EPS film could react with Mo (VI) to convert it to more stable molecules, Mo (V), by donating electrons.

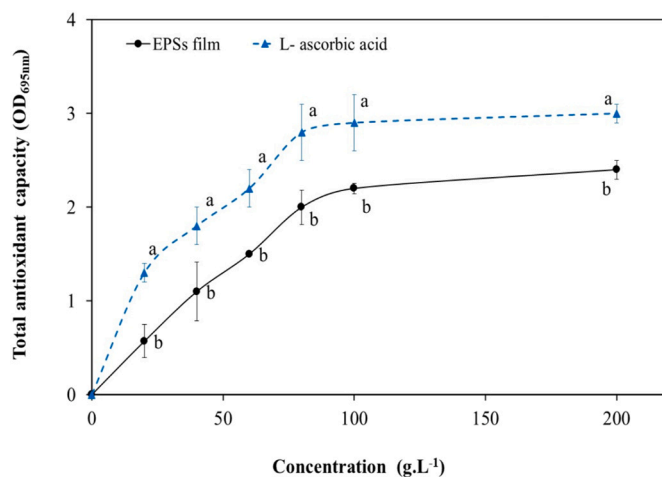


Fig. 6. Total antioxidant capacity (OD_{695nm}) of the *Graesiella* EPS film and *L*-ascorbic acid, at different concentrations. Values are expressed as the mean of triplicate measurements ($n = 3$; \pm SD). Different letters specify significant differences between concentrations ($p < 0.05$).

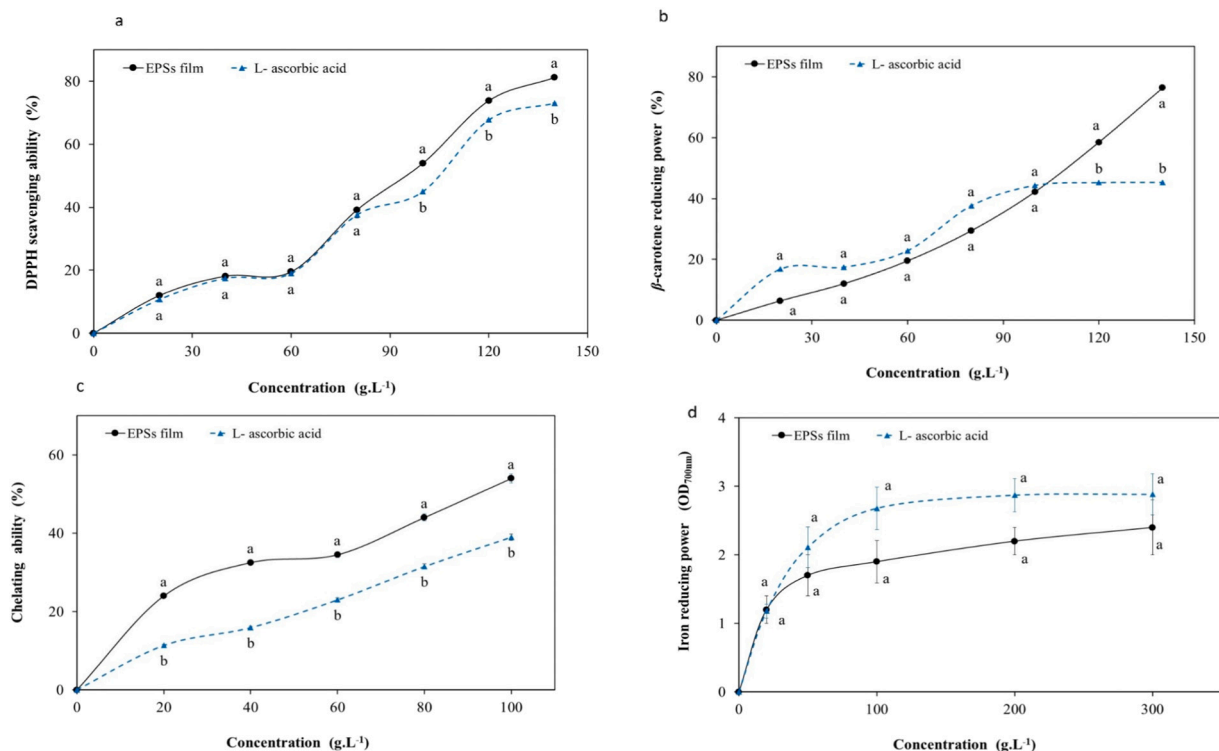


Fig. 7. Antioxidant properties; (a) DPPH scavenging ability; (b) chelating ability; (c) β -carotene bleaching reducing power; and (d) iron reducing power (OD_{700nm}) of the *Graesiella* EPS film and *L*-ascorbic acid, at different concentrations. Values are presented as the mean of triplicate measurements ($n = 3$; $\pm SD$). Different letters specify significant differences between concentrations ($p < 0.05$).

In addition, EPS film showed a high radical scavenging ability. DPPH free radical scavenging test (Fig. 7a) showed that both EPS film and *L*-ascorbic acid exhibited similar potential at low concentrations (20 mg·mL⁻¹ to 80 mg·mL⁻¹). At the highest tested concentration (150 mg·mL⁻¹) EPS film displayed a significantly higher DPPH scavenging activity ($84 \pm 0.06\%$) compared to *L*-ascorbic acid ($69 \pm 0.05\%$). Furthermore, EPS film showed a significantly higher β -carotene bleaching reduction effect (Fig. 7b), reaching $80 \pm 0.03\%$ at a level of 150 mg·mL⁻¹, while the bleaching reduction ability of *L*-ascorbic acid was only $45 \pm 0.01\%$ at the same concentration. Our results highlighted a strong scavenging ability when compared to other biological films, based on marine macroalgae polymers, with the highest scavenging percentage did not exceed 60% [54].

The potent DPPH scavenging ability of EPS is related to its weak dissociation energy of the polysaccharide O—H bond that gives EPS high potential to donate H[•] implied in the stabilization of free radicals [55,56]. The hydrogen donating ability was identified to be the dominant antioxidant property of EPS obtained from bacterial strains [57].

The reduction ability of iron (Fe^{3+}) to its ferrous form (Fe^{2+}) in the presence of EPS film solution, was monitored by UV spectrophotometry at an absorbance of 700 nm. The present study (Fig. 7c) presents a lower iron reducing power of EPS than *L*-ascorbic acid at all tested concentrations. Maximum iron reducing power of EPS film ($OD_{700} = 2.4 \pm 0.4$ at 300 mg·mL⁻¹) was slightly lower ($p < 0.05$) than that recorded with *L*-ascorbic acid ($OD_{700} = 2.8 \pm 0.3$ at 300 mg·mL⁻¹). *Graesiella* sp., EPS film iron-reducing power value was higher than those recorded in the case of other biological films [33,51].

However, the ability of EPS films as a ferrous-chelating agent, expressed as a percentage of Fe^{2+} -chelating ability (Fig. 7d), was significantly higher than *L*-ascorbic acid; 0–55% for EPS film while to *L*-ascorbic acid was from 0 to 35%. Ferric form (Fe^{3+}) presents low bioavailability in the organism and is the major catalyst of lipid oxidation [58]. To be absorbed, iron must be in the ferrous (Fe^{2+}) state. Iron chelators are involved in mobilizing iron in its ferrous states (Fe^{2+}) by

forming soluble and stable complexes and limiting its ability to transfer single electrons which inhibit free radicals' formation [59]. EPS are well known for the binding and chelating capacity of several metal ions [60]. High iron-chelating activity has been also identified for several cyanobacteria EPS, leading to the decrease of oxidation state and the suppression of the metal oxidant effects [61].

The microalgal EPS antioxidant activity has been largely reported and is mainly attributed to its sulfated nature [14]. Thus, EPS film as a food packaging material can avoid oxidative degradation that causes lipid rancidity and thus enhance food preservation [9,44].

3.7. Meat samples preservation

In this work, beef meat samples were wrapped using 10×10 cm EPS films and compared to meat packed with PVC films and stored for 9 days at 4 ± 1 °C. PVC films, present high oxygen and UV light permeabilities [51]. According to Coma [9], the shelf life of meat stocked at 4 °C in the market is commonly short, up to five days as a maximum. Thus, the nine days used in this study represent a relatively long storage period.

The pH of muscle tissue during the storage is commonly considered as an indicator of meat quality evolution [62]. Typically, the transformation of muscle into meat is accompanied by the breakdown of glycogen into lactic acid, and the rate and extent of postmortem pH decrease. In our conditions (Table 2), the pH value of meat packed with EPS indicated a pH meat stability (5.85 ± 0.01) even after 9 days of storage, remaining within the range of high quality of meat [63] while PVC-packed meat samples showed a pH increase ($pH = 6.12 \pm 0.00$) since the third day of storage. The increase of pH in PVC-packed meat samples might be due to the accumulation of basic compounds derived from the growth of *Pseudomonas* spp., and also to the decomposition of proteins and production of alkaline substances such as amines [64].

It is well established that a rapid pH increase during the postmortem phase may induce protein denaturation, with adverse consequences on the water-holding capacity and drip loss [65]. In the present study, the

Table 2Nutritive and safe quality parameters of polyvinylchloride (PVC) and *Graesiella* Extracellular Polymeric Substances (EPS) packed meat during 9 days of storage.

Parameter		Storage days			
		0	3	6	9
pH	PVC-packed	5.87 ± 0.02 ^(a)	6.02 ± 0.01 ^(b)	6.12 ± 0.00 ^(b)	6.19 ± 0.00 ^(b)
	EPS-packed		5.86 ± 0.00 ^(a)	5.85 ± 0.01 ^(a)	5.85 ± 0.01 ^(a)
Water activity	PVC-packed	0.89 ± 0.00 ^(a)	0.94 ± 0.00 ^(b)	0.95 ± 0.00 ^(c)	0.95 ± 0.01 ^(c)
	EPS-packed		0.89 ± 0.00 ^(a)	0.87 ± 0.00 ^(d)	0.87 ± 0.00 ^(d)
Drip loss (%)	PVC-packed	0.00 ± 0.00 ^(a)	11.0 ± 1.0 ^(b)	18.0 ± 2.0 ^(d)	23.0 ± 4.0 ^(d)
	EPS-packed		2.0 ± 0.4 ^(c)	9.0 ± 0.6 ^(e)	9.0 ± 0.6 ^(e)
<i>Pseudomonas</i> (CFU.g ⁻¹)	PVC-packed	2.03 ± 0.01 ^(a)	4.83 ± 0.01 ^(b)	5.2 ± 0.02 ^(d)	6.9 ± 0.03 ^(e)
	EPS-packed		3.11 ± 0.01 ^(c)	3.91 ± 0.11 ^(e)	4.01 ± 0.21 ^(e)
Total viable counts (CFU.g ⁻¹)	PVC-packed	3.03 ± 0.01 ^(a)	4.88 ± 0.01 ^(b)	5.41 ± 0.21 ^(c)	5.48 ± 0.03 ^(d)
	EPS-packed		3.03 ± 0.01 ^(a)	4.01 ± 0.31 ^(b)	4.43 ± 0.21 ^(b)
Metmyoglobin (%)	PVC-packed	19.67 ± 1.27 ^(a)	24.70 ± 0.34 ^(b)	49.24 ± 1.41 ^(c)	51.09 ± 1.50 ^(c)
	EPS-packed		21.70 ± 1.40 ^(a)	26.12 ± 3.91 ^(d)	31.98 ± 4.48 ^(d)
Heme iron Fe ³⁺ (µg.g ⁻¹)	PVC-packed	5.08 ± 0.39 ^(a)	4.05 ± 0.02 ^(b)	3.52 ± 0.34 ^(c)	3.09 ± 0.22 ^(c)
	EPS-packed		5.07 ± 0.40 ^(a)	5.01 ± 0.11 ^(a)	4.87 ± 0.11 ^(a)
Malondialdehyde (mg.kg ⁻¹)	PVC-packed	0.12 ± 0.06 ^(a)	0.36 ± 0.03 ^(a)	0.61 ± 0.01 ^(b)	0.82 ± 0.06 ^(d)
	EPS-packed		0.15 ± 0.02 ^(a)	0.22 ± 0.02 ^(c)	0.25 ± 0.04 ^(e)
Total volatile basic nitrogen (mg.Kg ⁻¹)	PVC-packed	5.22 ± 1.13 ^(a)	14.38 ± 2.93 ^(b)	29.89 ± 1.69 ^(c)	32.31 ± 1.50 ^(e)
	EPS-packed		11.23 ± 2.34 ^(b)	19.22 ± 3.41 ^(d)	22.96 ± 2.21 ^(f)

PVC: Polyvinylchloride; EPS: Extracellular Polymeric Substances; CFU: Colony-forming unit. Values are given as mean (n = 3) ± standard deviation. Means with different superscripts (a–f) within a same row indicate significant difference (p < 0.05).

drip loss in the packed EPS meat samples did not exceed 9.0 ± 0.6% after 9 days of storage while it reached 18.0 ± 2.0% at day 3 and 23.0 ± 4.0% at day 9 in the case of PVC-packed meat (Table 2). Higher drip losses are usually linked to an undesirable soft texture and deteriorate the meat palatability including its tenderness and juiciness [66]. It is believed that the drip loss was mainly caused by the oxidation of proteins which may result in damage to the meat structure [67].

Denaturation of proteins also induces the transfer of water from myofibrils to the extracellular space and thus increases the available water [68]. During the whole experimental storage period, the water activity (aw) was not significantly (p < 0.05) affected (0.89 ± 0.00) in meat packed with EPS film (Table 2). However, PVC-packed meat showed a significant aw increase (from 0.89 ± 0.01 to 0.95 ± 0.01) after 9 days of postmortem cold storage. In a general way, water availability represents a favorable environment where the microflora can develop. A higher value of aw indicates higher microbial spoilage of food products [69]. In the present work, the quantitative microflora status of the PVC-packed meat samples exceeded the regulatory UE standards for human consumption after 3 days of storage [70]. The total viable counts TVC increased from 3.03 ± 0.01 to 5.48 ± 0.03 CFU.g⁻¹ and *Pseudomonas* loads increased from 2.03 ± 0.01 to 6.9 ± 0.03 CFU.g⁻¹ in PVC-packed meat samples (Table 2). In EPS film packed samples, both TVC value (3.03 ± 0.01 to 4.04 ± 0.21 CFU.g⁻¹) and *Pseudomonas* sp. counts (2.03 ± 0.01 to 4.09 ± 0.21 CFU.g⁻¹) remained within the regulatory standards even after 9 days of cold storage [70].

The meat packed with *Graesiella* sp., EPS film showed a total volatile basic nitrogen (TVB-N) value of 22.96 ± 2.50 mg.kg⁻¹ at the end of the storage period, while the PVC-packed meat had a TVB-N value of 32.31 ± 1.50 mg.kg⁻¹ which is higher than the standard limits (≤ 30 mg of TVB-N.kg⁻¹) [71]. TVB-N is commonly used as an indicator of meat spoilage. High TVBN values are correlated with the presence of breakdown bacteria, decomposing the meat protein [72].

Metmyoglobin (Mmb) is resulting from the oxidation of myoglobin (the bright red pigment) [73]. An increase in Mmb level is a consequence of the not acceptable brown meat color and represents the early stages in the development of meat oxidative rancidity [74]. During storage, the rate of Mmb in the PVC-packed meat samples reached 49.24 ± 1.27% on day 3 and 51.09 ± 1.50% on day 9 (Table 2), leading to consequent meat discoloration. At the same storage period, the level of Mmb in the EPS packed meat samples increased only by 20.70 ± 1.40% on day 3 and only 31.98 ± 4.48% at the end of the experiment (day 9).

Heme iron represents the ferrous (Fe²⁺) bound with the heme molecules, as hemoglobin or myoglobin. In this work, a significant decrease

of heme iron concentration was observed in PVC-packed meat samples reaching 36% of the initial concentration since the third day and 61% at the end of storage (Table 2). This fact decreases the nutritive value of meat due to the oxidation of polyunsaturated fatty acids, which produce an undesirable flavor and aroma [9,75]. Hence, EPS film as a meat packaging material presents a great efficiency in preventing heme iron oxidation mainly linked to its potent metal chelating power. In the packed EPS film meat samples, the heme iron loss occurred only on day 9 of the storage and was evaluated to be only 4%.

The degree of oxidation of the lipids contained in the meat samples was evaluated by measuring the malondialdehyde (MDA) content. MDA is commonly considered a marker of cell polyunsaturated fatty acids peroxidation. MDA is also considered a highly toxic molecule [75]. For both EPS-packed and PVC-packed meat samples and during the whole cold storage period, the level of MDA content did not exceed 1.0 mg MDA.kg⁻¹ (Table 2) being the value considered as intolerable levels of rancidity taste in meat [63]. In meat samples packed with EPS film, the level of MDA reached a maximum value of 0.25 ± 0.04 mg MDA.kg⁻¹ at day 9. However, in PVC-packed meat samples, the MDA content was five times higher, reaching 0.82 ± 0.06 mg MDA.kg⁻¹ at day 9. This value exceeds 0.5 mg MDA.kg⁻¹ which indicates lipid oxidation [63].

Non-substantial variation in the color of EPS packed meat was noticed during the whole storage period (Table 3). In contrast for PVC-packed meat samples, a significant reduction of the redness (from

Table 3
Evolution of meat color during the storage period at 4 °C.

	L*	a*	b*
Initial	30.77 ± 1.22 ^(a)	13.61 ± 0.55 ^(a)	11.21 ± 0.82 ^(a)
Day 3			
PVC-packed	39.72 ± 0.19 ^(b)	12.43 ± 0.17 ^(b)	14.68 ± 0.48 ^(b)
EPS-packed	28.77 ± 2.23 ^(a)	13.61 ± 0.57 ^(a)	10.02 ± 0.87 ^(a)
Day 6			
PVC-packed	39.2 ± 0.17 ^(c)	10.34 ± 0.61 ^(c)	18.48 ± 1.31 ^(c)
EPS-packed	33.77 ± 1.23 ^(a)	13.60 ± 0.57 ^(a)	12.18 ± 0.27 ^(a)
Day 9			
PVC-packed	45.01 ± 1.92 ^(d)	7.93 ± 0.13 ^(d)	22.80 ± 0.26 ^(d)
EPS-packed	35.77 ± 0.23 ^(a)	13.60 ± 0.47 ^(a)	13.02 ± 0.97 ^(a)

L*: lightness; a*: redness; b*: yellowness; PVC: Polyvinylchloride; EPS: Extracellular Polymeric Substance; Values are expressed as mean (n = 4) ± standard deviation. Different letters indicate significant differences (p < 0.05).

13.61 ± 0.55 up to 7.93 ± 0.13) and a substantial increase of lightness (from 30.77 ± 1.22 to 45.01 ± 1.92) and yellowness (11.21 ± 0.82 to 22.80 ± 0.26) were observed since the third day of the storage period. According to Del Rio et al. [75] the change in meat color is correlated to the presence of metmyoglobin. Saucier et al. [76] explain that color changes with progressing processes of meat spoilage and especially emphasize the oxidative processes. Thus, EPS film was a significant improvement considering the shelf life of meat up to nine days, while meat packed with PVC-film exhibited a shelf life limited to three days.

4. Conclusion

This study investigates physicochemical, mechanical, optical, and antioxidant properties of the thermophilic microalgae *Graesiella* sp., EPS film. The structure analyses revealed the compact and homogenous structure of the EPS film. Despite its low elasticity and elongation at break, compared to other synthetic films, EPS film exhibited a high puncture resistance, low permeability to water vapor, low values of water content and swelling degree, high oxygen barrier properties, high thermal stability and high transparency and was highly UV light absorber. Furthermore, EPS film exhibited a strong antioxidant potential by inhibiting free radicals chain reactions and by chelating iron involved in lipid oxidation.

Applying EPS film in meat packaging extended the shelf life of meat during cold storage by limiting microbiological spoilage and reducing traits quality losses regarding lipid oxidation, protein degradation and discoloration.

Thus, *Graesiella* sp. EPS films show high potential as a multi-active packaging material for cold preservation of meat and, presumably, for various other food products, whether fresh or processed, such as cuts or comminuted materials from sheep, pigs, or fish. They offer an alternative to replace polluting synthetic packaging with a natural, biodegradable, and food-grade material. However, separate validation for each product may be required prior to use/recommend the films for packaging since their physicochemical properties differ from those of beef.

In another hand, EPS are poorly valued in industrial cultures of microalgae despite their high productivity, especially in thermophilic species. EPS are generally discarded with the culture medium after recovery of the biomass. Recycling them as active packaging material would, on the one hand, make the algae industry more profitable and, on the other hand, better protect the environment against organic waste.

Nevertheless, more research is needed to optimize the EPS recovery processes, to ensure the absence of possible toxicity, and to assess the economic feasibility prior to its massive use as food packaging material.

Authors' agreement to authorship and submission

All the authors agreed to the authorship and submission of the manuscript to Algal Research for peer review.

Statement of informed consent, human/animal rights

No conflicts, informed consent, or human or animal rights are applicable to this study.

CRediT authorship contribution statement

WG: conceived the original idea, carried out the experiment, and wrote the manuscript with input from all authors; Both JLG and NC: authors interpreted the results contributed to the final version of the manuscript; SS: aided in interpreting the results and worked on the manuscript; HBO: contributed to the analysis of the results and to the writing of the manuscript and supervised the project.

All authors provided critical feedback and helped shape the research, analysis and manuscript.

We have no conflicts of interest to disclose.

Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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